



MARCH 6, 2022  
FIRST SUNDAY OF LENT

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*It also says,*

*"You shall not put the Lord, your God, to the test."*

**Luke 4:1-13**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds&Maint.	Bob Gardiner	540-863-9452

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Mark Taylor	540-968-1183
Vice Chair	Greg Kristoff	540-962-8900
Secretary	Zelpha Withrow	540-962-2181
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds&Maint.	Ron Brunetti	540-962-1565
K of C Contact	Tom O'Doherty	540-962-6795

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Tom Collins	540-588-8492
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds&Maint.	Louis Pokrywka	540-925-2413



Please pray for our  
Military Men & Women:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

Thank you for your support!

## PRAYER LIST

St. Joseph

Clair Dilley, Bob and Sandra Gardiner, Tom Greenwood, Rita Luther, Marie Martin, Sally Putnam.

Sacred Heart

Sergio Arambula, Pam Austin, Natalie Austin, Betty Jo and Robert Brown, Josephine Brown, Mack Brown, Montana Brown, Tom Callaham, Wanda Callaham, Jay Ewing, Tony Forbes, John Misorek, Mary O'Neill, Michael Rybka, Thomas Wade, Dave Wenke, Stanley Young

Shrine of the Sacred Heart

Henslee Faulkenberry (infant great granddaughter of Sara Belle Worsham), Margaret Fields, John W. Smith, Clarissa Westenburger



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

<b>St. Joseph</b>	
Sunday Offertory	\$927.00
<b>Sacred Heart</b>	
Sunday Offertory	\$673.00
2 <sup>nd</sup> Collections	679.00
Votive	12.00
Reimbursement	266.45
<b>Shrine of the Sacred Heart</b>	
Sunday Offertory	\$1,103.58

## CALENDAR

### WEEKDAY MASSES

12NOON Tuesday and Thursday at St. Joseph  
11:30AM Wednesday and 12NOON Friday at Sacred Heart \*(10:45AM Friday, Holy Hour with Benediction at Sacred Heart)  
First Saturday Mass will be celebrated at Sacred Heart in honor of the Blessed Mother: 9:00AM Rosary and Litany of the Blessed Mother followed by Mass at 9:30AM

Contact Fr. Tom (540-588-8492) to schedule a time for weekday Mass at the Shrine of the Sacred Heart.

### Stations of the Cross

Wednesdays @ 5:00 PM @ Shrine of the Sacred Heart  
Thursdays @ 6:00 PM @ St. Joseph  
Fridays @ 5:30 PM @ Sacred Heart ♣ Meatless Soup Supper afterwards in Parish Hall

## THE TEMPTATION OF JESUS

After his baptism, Jesus makes a retreat in the desert of Judea. Since he was alone at the time we must assume that he later shared news of this experience with his apostles. The devil tempts the Lord to use his divine power to win quick acclaim. But Christ has not come to work magic tricks. He has come to teach that salvation is possible for all, with the grace of his Father. The parapet or pinnacle of the Temple was probably part of the great plaza surrounding the building. Its southeast corner had a sheer drop of many yards. If Jesus jumped from this spot and landed safely, he would win public adulation. Jesus rejects this type of fame, knowing how fleeting it would be.

## NOTICES

All Fridays during Lent are days of abstinence from meat. Abstaining from meat and other indulgences during Lent is a penitential practice.

**MARK YOUR CALENDARS:** The Spring Life Chain will be held on Sunday, April 3, from 2:30PM to 3:45PM.

The next Faith Formation, Symbolon, Knowing the Faith, will begin on Tuesday, March 8<sup>th</sup>, from 6:30PM to 7:45PM in Sacred Heart parish hall. Symbolon, Knowing the Faith, explains the essentials of the Catholic Faith in a way that will inform our minds and inspire our hearts.

The Knights of Columbus will have a Third Degree Exemplification Ceremony on March 17<sup>th</sup> at 6:30PM at Sacred Heart, Covington, followed by a reception that looks a great deal like a St. Patrick's Day Party in the Parish Hall. All our clustered parishes are invited to attend.

Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting and almsgiving. Through CRS Rice Bowl, families learn about how our sisters and brothers across the globe overcome hardships like hunger and malnutrition, and how through Lenten alms, we have the power to make the world a better place for all.

Sacred Heart is responsible for Meals on Wheels March 28<sup>th</sup>-31<sup>st</sup>. There is a sign-up sheet in the vestibule as you enter the church. Please consider volunteering for this important ministry.

Beginning Ash Wednesday, the Church once again unites herself to the mystery of our Lord's forty days in the desert. Download the free Amen app today and gain access to an extensive library of Catholic prayers and meditations to help you be constant in prayer throughout this Lent.

<https://amenapp.org/signup>

Be with me, Lord, when I am in trouble.

## DAILY READINGS

Sun. Mar. 6	Deuteronomy 26: 4-10; Psalms 91: 1-2, 10-11, 12-13, 14-15; Romans 10: 8-13; Matthew 4: 4b; Luke 4: 1-13
Mon. Mar. 7	Leviticus 19: 1-2, 11-18; Psalms 19: 8, 9, 10, 15; 2 Corinthians 6: 2b; Matthew 25: 31-46
Tues. Mar. 8	Isaiah 55: 10-11; Psalms 34: 4-5, 6-7, 16-17, 18-19; Matthew 4: 4b; Matthew 6: 7-15
Wed. Mar. 9	Jonah 3: 1-10; Psalms 51: 3-4, 12-13, 18-19; Joel 2: 12-13; Luke 11: 29-32
Thurs. Mar. 10	Esther C: 12, 14-16, 23-25; Psalms 138: 1-2ab, 2cde-3, 7c-8; Psalms 51: 12a, 14a; Matthew 7: 7-12
Fri. Mar. 11	Ezekiel 18: 21-28; Psalms 130: 1-2, 3-4, 5-6, 7-8; Ezekiel 18: 31; Matthew 5: 20-26
Sat. Mar. 12	Deuteronomy 26: 16-19; Psalms 119: 1-2, 4-5, 7-8; 2 Corinthians 6: 2b; Matthew 5: 43-48
Sun. Mar. 13	Genesis 15: 5-12, 17-18; Psalms 27: 1, 7-8, 8-9, 13-14; Philippians 3: 17 – 4: 1; Matthew 17: 5; Luke 9: 28b-36

## VOCATIONS

"The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God." Are you considering a call from the Holy Spirit to become a priest in front of the altar of our LORD? Call Father Brian Capuano 804-359-5661



## THE SEASON OF LENT

And so, it begins — the holy and, for some, daunting, season of Lent. This is the season in our liturgical year when the Church encourages us to increase our prayer, fasting, and almsgiving to help us enter more deeply into the mystery of our Lord's Passion and Death and to celebrate more fully His Resurrection.

Jesus, by His own example in today's Gospel, demonstrates the necessity of setting aside a period devoted especially to prayer and fasting as a means of strengthening our spiritual muscles. Just before the launch of His public ministry, He is "led by the Holy Spirit into the desert for forty days, to be tempted by the devil." In imitation of Jesus, we should ask the Holy Spirit to lead us into the desert, too — the desert of our interior lives where our thoughts and desires reside.

While our Lord was strong enough to withstand the temptations of the devil on His own, we most certainly are not! We must turn to the Holy Spirit and ask Him to show us where we need to grow, and then rely on the Holy Spirit for strength and guidance throughout these 40 days of growth. Perhaps we will be led to take on a spiritual reading program, or a daily time of meditation on the Scriptures. Maybe we'll be inspired to fast from our favorite food or social media fix and find a project that serves the poor in this community.

If these spiritual exercises hurt a little, that means we are doing them right! At the end of this season, we will be prepared to enter into the grace-filled days of the Triduum and we will, through the power of the Holy Spirit, be resurrected as a new creation with our Lord come Easter. Let us begin!