



JUNE 4, 2023  
SOLEMNITY OF THE MOST HOLY  
TRINITY

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Augustine Lukenge, Pastor**

434-755-1208

**Fr. Tom Collins, Retired Priest In-Residence**

540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**

434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**Today's Gospel**

*"God so loved the world that he gave his only Son,  
so that everyone who believes in him might not perish  
but might have eternal life."*

**John 3:16-18**

## CHURCH CONTACT INFORMATION

**St. Joseph Parish 540-863-5371**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

**Sacred Heart Parish 540-962-6541**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Vacant	
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

**Shrine of the Sacred Heart Parish 540-839-2603**

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

## PRAYER LIST

**St. Joseph**

Kevin Albrecht, Mark Asma, Clair Dilley, Bob Gardiner, Tom Greenwood, Rita Luther, Jean Manner, Sally Putnam, Terry Windsor.

**Sacred Heart**

Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Robert Hoke, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria Perron, Paul Perron, Shaun Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

**Shrine of the Sacred Heart**

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

**St. Joseph**

Sunday Offertory \$

**Sacred Heart**

Sunday Offertory \$2,881.00  
 COPE Food Pantry 60.00  
 Capital Improvements 956.00

**Shrine of the Sacred Heart**

Sunday Offertory \$1,516.38

## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday  
Sacred Heart - 11:30AM Wednesday;  
12NOON Friday (10:45AM Friday, Holy Hour with  
Benediction at Sacred Heart)

First Friday Mass will be celebrated at 11:00AM  
followed by eight hours of Adoration; Benediction  
will be at 8:00PM.

First Saturday Mass will be celebrated at Sacred  
Heart in honor of the Blessed Mother. Service starts  
at 9:00AM with the Rosary and Litany of the Blessed  
Mother followed by Mass at 9:30AM.

Contact Fr. Tom (540-588-8492) to schedule a time  
for weekday Mass at the Shrine of the Sacred Heart.

## COME ALONG IN OUR COMPANY

The dramatic scene in the first reading shows God  
confronting Moses on a mountain. The Lawgiver  
had first encountered the Lord in a burning bush on  
this peak. Now he returns to meet God, having  
achieved the goal of freeing the Israelites. Moses  
knows that this is not the final stop. He will have to  
continue to the promised land. He boldly asks God  
to "come along".

Moses is thinking of the common belief of the time  
that each God presides over a specific area and is  
confined to that place. He asks the Lord to journey  
with the group--to become a nomad. This will lead  
to the realization that the One God is universal and  
not "trapped" in one place. It is the start of  
humanity's understanding of an infinite person--a  
God bigger than the universe.

## NOTICES

The next Sacred Heart Pastoral and Finance  
Council meeting will be held this Thursday, June  
8th, at 5:30PM in the parish hall.

The Foundation for Human Civilization invites  
you to support the Uganda Water Project. The  
goal is to raise \$30,000 to drill a centralized well  
in Uganda. It will service the remote villages of  
Bugolo-Kireku. There is no indoor plumbing in  
these villages, no running water. Each  
household must collect rainwater into a cistern  
to service their needs or carry jugs to the closest  
natural spring which is up to three miles away  
from the two villages.

For more information on the project, please see  
our site at <https://f4hc.org>. We accept online  
donations through a secured form on the  
"Support" tab of the site. We also accept checks  
made to Foundation for Human Civilization, P.O.  
Box 82, Covington, VA 24426.

### The Chosen Retreat: Season 3

Join us at the Saint Clare of Assisi Retreat Center,  
620 Buckroe Ave, Hampton, VA 23664, for a  
weekend retreat, centered on the third season of  
the show, The Chosen. We will watch the season  
together, reflecting and discussing each episode,  
sharing how Jesus speaks to us through certain  
moments. This retreat will begin at 5pm on July  
7 through the early afternoon of Sunday, July 9,  
2023. The suggested donation for this retreat is  
\$100, which includes 5 meals and 2 nights  
accommodation at the retreat center. Sign Up  
below. Please make your payment upon  
registration to ensure your spot. Thank you!

Glory and praise forever!

## DAILY READINGS

Sun. June 4	Exodus 34: 4b-6, 8-9; Daniel 3: 52, 53, 54, 55, 56; 2 Corinthians 13: 11-13; Revelation 1: 8; John 3: 16-18
Mon. June 5	Tobit 1: 3; 2: 1a-8; Psalms 112: 1b-2, 3b-4, 5-6; Revelation 1: 5ab; Mark 12: 1-12
Tues. June 6	Tobit 2: 9-14; Psalms 112: 1-2, 7-8, 9; Ephesians 1: 17-18; Mark 12: 13-17
Wed. June 7	Tobit 3: 1-11a, 16-17a; Psalms 25: 2-3, 4-5ab, 6 and 7bc, 8-9; John 11: 25a, 26; Mark 12: 18-27
Thurs. June 8	Tobit 6: 10-11; 7: 1bcde, 9-17; 8: 4-9a; Psalms 128: 1-2, 3, 4-5; 2 Timothy 1:10; Mark 12: 28-34
Fri. June 9	Tobit 11: 5-17; Psalms 146: 1b-2, 6c-7, 8-9a, 9bc-10; John 14: 23; Mark 12: 35-37
Sat. June 10	Tobit 12: 1, 5-15, 20; Tobit 13: 2, 6efgh, 7, 8; Matthew 5: 3; Mark 12: 38-44
Sun. June 11	Deuteronomy 8: 2-3, 14b-16a; Psalms 147: 12-13, 14-15, 19-20; 1 Corinthians 10: 16-17; John 6: 51; John 6: 51-58

## VOCATIONS

“God so loved the world, He gave His only Son.” How can you give yourself to God the Father in a response to that love? Could God be calling you to live His love as a priest or in the consecrated life? Call Father Brian Capuano 804-359-5661  
e-mail: vocations@richmonddiocese.org.



## IMITATE THE HOLY TRINITY

Today we celebrate the feast of the Most Holy Trinity. The Catechism of the Catholic Church tells us that the Holy Trinity is the “central mystery of the Christian faith” (261). The concept of the Triune God — Three Persons in one God — is truly a mystery, almost too lofty for us ordinary people to even begin to grasp. Can the truth of the Holy Trinity teach us anything as everyday Christian stewards? Actually, yes!

St. John Paul II described the Holy Trinity as a “Divine Family,” a community of Persons Who give themselves completely to each other and Who wishes to share Itself, Its life, with us. These concepts are at the very heart of the stewardship way of life. As stewards, we too, are called to share ourselves and our lives with others.

Our Gospel passage from John reminds us that the stewardship way of life is nothing more and nothing less than the imitation of our Most Holy Trinity. “God so loved the world that he gave his only Son so that everyone who believes might not perish but might have eternal life.” He gave Himself, in the person of His Son, for the love of us. We must love this God back now by giving ourselves, our lives, to Him.

Amazingly, the more we give of ourselves to God in love, the more we will find the “grace of the Lord, the love of God, and the fellowship of the Holy Spirit within us.” The God of the universe — this mysterious, Triune God — invites us to an ever-deepening intimacy with Him when we make our lives a loving gift to Him and to others through the stewardship way of life.