

JULY 9, 2023
FOURTEENTH SUNDAY IN
ORDINARY TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

*"Come to me, all you who labor and are burdened,
and I will give you rest."*

Matthew 11:25-30

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Tom O'Doherty	202-373-9571

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Kevin Albrecht, Mark Asma, Clair Dilley, Bob Gardiner, Tom Greenwood, Rita Luther, Jean Manner, Sally Putnam, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Josephine Brown, Kevin Brown, Mack Brown, Wanda Callaham, Robert Childs, Lisa Dickson, Esther Ewing, Tony Forbes, Roberta Frampton, Arthur Headley, Marcella Jordan, Raphael Lopez, Alvina Nida, David Palance, Maria Perron, Paul Perron, Shaun Perron, Michael Rybka, Cathy Savage, Maureen Stec, Thomas Wade, Bill Withrow

Shrine of the Sacred Heart

Margaret Fields, Molly Sasser, John W. Smith, Clarissa Westenburger



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory	\$994.00
Votive	16.76

Sacred Heart

Sunday Offertory	\$3,668.00
COPE Food Pantry	40.00

Shrine of the Sacred Heart

Sunday Offertory	\$1,774.75
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CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - 12NOON Tuesday and Thursday
Sacred Heart - 11:30AM Wednesday;
12NOON Friday (10:45AM Friday, Holy Hour with
Benediction at Sacred Heart)

First Friday Mass will be celebrated at 11:00AM
followed by eight hours of Adoration; Benediction
will be at 8:00PM.

First Saturday Mass will be celebrated at Sacred
Heart in honor of the Blessed Mother. Service starts
at 9:00AM with the Rosary and Litany of Our Lady
followed by Mass at 9:30AM.

Contact Fr. Tom (540-588-8492) to schedule a time
for weekday Mass at the Shrine of the Sacred Heart.

ICON OF ST. JOSEPH

The Knights of Columbus' pilgrim icon prayer program is a longstanding tradition, in which every few years a sacred image is selected to inspire the Knights and their communities. This year, the Knights have chosen an icon of St. Joseph holding the child Jesus from St. Joseph's Oratory in Montreal, Canada.

This beautiful icon is housed at St. Joseph's Oratory in Montréal, Canada's preeminent Shrine to St. Joseph, founded by St. André Bessette. The original is written (prayerfully painted) by Elizabeth Bergeron, from a drawing by famed iconographer Alexandre Sobolev. In the image, St. Joseph stands with his eyes cast humbly down, but with a determined strength in his face. In his covered arm he bears the Child Jesus, whose own hand is raised, blessing the world. Through this Pilgrim Icon Program, we can all turn in prayer to St. Joseph. We give thanks to God for the gift of his fatherly example, and we ask St. Joseph to be a father to us. Along the way, may we also grow in our own imitation of St. Joseph's quiet strength, integrity and fidelity.

This icon will be in the Alleghany Highlands from July 17th to July 23rd. More information will be forthcoming on location and potential prayer service.

NOTICES

The Sacred Heart Liturgy Committee will meet on Wednesday, July 12th at 6:15pm in the Parish Hall.

SAVE THE DATE: The 2023 Annual Clustered Parish Picnic, hosted by the Shrine of the Sacred Heart, will be on Sunday, September 17th, beginning at 1pm at the Old Dairy Barn, 46 Old Dairy Road, Warm Springs, VA. Meat and drinks will be provided. Parishioners are asked to bring a side dish or a dessert.

The next adult faith formation will be "Evangelization (and the Acts of the Apostles)" and will begin on Tuesday, September 7, in the Sacred Heart Parish Hall at 6:30 PM. Check out this link for details on this series: <https://www.augustineinstitute.org/bible-studies/lectio-evangelization>. To request a free hardcopy of the participant guide, email formed@sacredheartcovington.org or contact Don Rogowski at 540-962-7344 by August 15th.

A Letter to Sacred Heart Catholic Church

On behalf of COPE, thank you for your continued support of the COPE Food Pantry with your recent contribution of \$2,884 on 5/18/2023. Your donation is very much appreciated, and we are most grateful to you for remembering the COPE Food Pantry.

Father, your truth is made known in your Word.
Guide us to seek the truth of the human person.
Teach us the way to love because you are Love.
Jesus, you embody Love and Truth.
Help us to recognize your face in the poor.
Enable us to live out our vocation to bring love and justice to your people. Amen

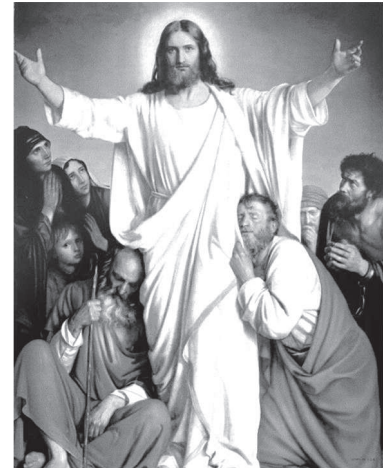
I will praise your name for ever, my king and my God.

DAILY READINGS

Sun. July 9	Zechariah 9: 9-10; Psalms 145: 1-2, 8-9, 10-11, 13-14; Romans 8: 9, 11-13; Matthew 11: 25; Matthew 11: 25-30
Mon. July 10	Genesis 28: 10-22a; Psalms 91: 1-2, 3-4, 14-15ab; 2 Timothy 1: 10; Matthew 9: 18-26
Tues. July 11	Genesis 32: 23-33; Psalms 17: 1b, 2-3, 6-7ab, 8b, 15; John 10: 14; Matthew 9: 32-38
Wed. July 12	Genesis 41: 55-57; 42: 5-7a, 17-24a; Psalms 33: 2-3, 10-11, 18-19; Mark 1: 15; Matthew 10: 1-7
Thurs. July 13	Genesis 44: 18-21, 23b-29; 45: 1-5; Psalms 105: 16-17, 18-19, 20-21; Mark 1: 15; Matthew 10: 7-15
Fri. July 14	Genesis 46: 1-7, 28-30; Psalms 37: 3-4, 18-19, 27-28, 39-40; John 16: 13a, 14: 26d; Matthew 10: 16-23
Sat. July 15	Genesis 49: 29-32; 50: 15-26a; Psalms 105: 1-2, 3-4, 6-7; 1 Peter 4: 14; Matthew 10: 24-33
Sun. July 16	Isaiah 55: 10-11; Psalms 65: 10, 11, 12-13 14; Romans 8: 18-23; Matthew 13: 1-23

VOCATIONS

You are in the spirit since the Spirit of God dwells in you." Is the Holy Spirit leading you or someone you know to serve Christ and His Church as a priest or in the consecrated life? Call Father Matthew Kiehle (804) 359-5661 email: vocations @richmonddiocese.org.



HUMILITY

The theme of humility is central to our readings today. God Himself is a humble God, so if we wish to follow Him as Christian stewards, we too, must be humble. In fact, humility is key to the stewardship way of life, and to a peaceful and fulfilling life.

In our Gospel passage from Matthew, Jesus Himself speaks to the Father about the privileged role that humble souls play in God's plan of salvation. "I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to little ones."

What does it mean to be a "little one"? It means that we acknowledge we don't have it all figured out, but that we are very much in need of a savior. It means we recognize that all we are and all we have been given is a gift from God. It means we embrace the stewardship way of life.

It is not easy, but deep peace and consolation come with this way of life. Jesus offers these warm and encouraging words to entice us to embrace them. "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Let us resolve to follow in the footsteps of our Savior, embracing the humble path of stewardship. It is the path that leads to peace here and now, and ultimately leads us to heaven.