



**MARCH 17, 2024
FIFTH SUNDAY OF LENT**

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"This voice did not come for my sake but for yours".

John 3:14-21

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso

St. Joseph – Michael Buchanan, Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Paulino Gutierrez, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Maria Perron, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Sophia Veras, Karen Wenke, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory \$

Sacred Heart

Sunday Offertory \$945.00
Various 2nd Collections 132.00

Shrine of the Sacred Heart

Sunday Offertory \$1,870.00

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM. The Rosary will be prayed after Mass.

Friday – Adoration and Benediction begin at 10:45AM followed by Mass at 12Noon

Stations of the Cross

Shrine of the Sacred Heart: 5:00PM on Wednesdays;
St. Joseph: 6:00PM on Wednesdays;
Sacred Heart: 5:30PM on Fridays followed by a meatless soup supper in the parish hall.

There will be a joint Lenten Penitential Service at St. Joseph on Wednesday, March 20th at 6PM. Due to this service, STATIONS OF THE CROSS WILL BE AT 5PM AT ST. JOSEPH FOR THIS WEDNESDAY ONLY.

Lenten Luncheon Schedule

March 20 – Parrish Court UM Church
All lunches begin at 12 Noon and end prior to 1pm. A free will offering is collected each Wednesday to support a local mission or ministry. Each week a different minister will bring us a message. Join together with brothers and sisters of all denominations to worship and glorify God.

Next Sunday is Palm Sunday. Sacred Heart parishioners will gather at Covington City Hall at 10:45am for the Ecumenical Service, then proceed to the church for Mass.

LIFE CHAIN

SAVE THE DATE: The Alleghany Highlands Spring Life Chain will be held on Sunday - April 7, 2024, from 1:30 pm to 2:45 pm at the intersection [light], on the sidewalk entrance to the Wal-Mart Industrial Park.

NOTICES

The next Adult Faith Formation, **Lectio: Prayer: Finding Intimacy with God**, uses the discipline of Lectio Divina to show you how to make prayer an effective effort of love and intimacy. In six sessions, Finding Intimacy with God captures the secret to opening our hearts and minds to Scripture as the means to hear from God and then respond in conversation, basking in his presence and resolving to live in and through his love. Sessions begin on Tuesday, April 9 @ 6:30 PM in Sacred Heart Parish Hall and continue each Tuesday until May 14. If you would like a free Participant Guide (over 100 pages), contact Don Rogowski @ 540-962-7344 or formed@sacredheartcovington.org by Monday, March 25. View the trailer at <https://watch.formed.org/lectio-prayer-with-dr-tim-gray/videos/lectio-prayer-trailer>

Sacred Heart is responsible for delivering Meals on Wheels, March 25th – 28th. There is a sign-up sheet as you enter the church. Please consider volunteering for this important ministry.

COME JOIN US!

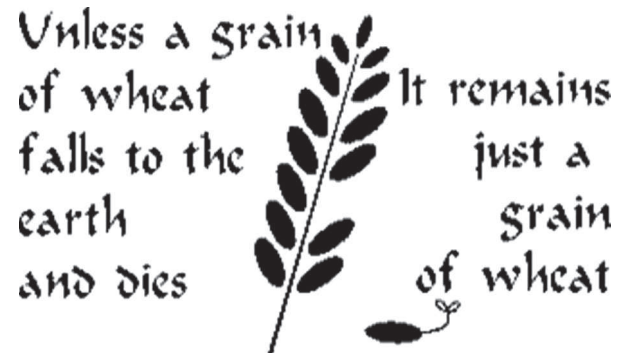
Lewis Gale Alleghany Hospital Volunteers are looking for recruits to add to the present staff. Volunteers are able to work in a variety of settings, including Registration, Outpatient Surgery, Information Desks and Gift Shop. Volunteers also assist with hospital events as well as participate in their own fund-raising events. Volunteers provide a needed service to the hospital and serve the needs of the community. If you would like to give back to your community hospital, please consider volunteering. Hours are flexible and there are no minimum time commitments. Please call Mark Hepler at 540-862-6895 or ask any of the hospital volunteers for an application.

DAILY READINGS

Sun. Mar. 17	Jeremiah 31: 31-34; Psalms 51: 3-4, 12-13, 14-15; Hebrews 5: 7-9; John 12: 26; John 12: 20-33
Mon. Mar. 18	Daniel 13: 1-9, 15-17, 19-30, 33-62; Psalms 23: 1-3a, 3b-4, 5, 6; Ezekiel 33: 11; John 8: 1-11
Tues. Mar. 19	2 Samuel 7: 4-5a, 12-14a, 16; Psalms 89: 2-3, 4-5, 27, 29; Romans 4: 13, 16-18, 22; Psalms 84: 5; Matthew 1: 16, 18-21, 24
Wed. Mar. 20	Daniel 3: 14-20, 91-92, 95; Daniel 3: 52, 53, 54, 55, 56; Luke 8: 15; John 8: 31-42
Thurs. Mar. 21	Genesis 17: 3-9; Psalms 105: 4-5, 6-7, 8-9; Psalms 95: 8; John 8: 51-59
Fri. Mar. 22	Jeremiah 20: 10-13; Psalms 18: 2-3a, 3bc-4, 5-6, 7; John 6: 63c, 68c; John 10: 31-42
Sat. Mar. 23	Ezekiel 37: 21-28; Jeremiah 31: 10, 11-12, 13; Ezekiel 18: 31; John 11: 45-56
Sun. Mar. 24	Mark 11: 1-10; Isaiah 50: 4-7; Psalms 22: 8-9, 17-18, 19-20, 23-24; Philippians 2: 6-11; Philippians 2: 8-9; Mark 14: 1 – 15: 47

VOCATIONS

"Everyone is searching for You." Is your search for the Lord is leading you to a vocation to the priesthood or consecrated life? Call Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



CONTINUE YOUR PRACTICES OF LENT

As we are nearing the end of our Lenten journey, our readings today remind us of the goodness that our God has to offer us. In today's Gospel, Jesus announces that the "hour has come for the Son of Man to be glorified." All that He came to do on this earth was soon to be fulfilled. When we reflect on what Jesus says in this passage, He tells us a great deal about how we should be living as disciples of Christ. He clearly states, "unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit."

We are called to detach from our own desires and entrust our lives to all that God has in store for us. Without self-denial, we might miss occasions God has given us to produce good fruit. We have been practicing this throughout our Lenten season through fasting. One way to continue this effort after Lent is by taking advantage of the countless opportunities God presents to us to sacrifice our desires for something much greater — whether waking earlier to spend time in prayer, fasting from a favorite comfort on a weekly basis or taking the time to check in on a friend or family member instead of turning on the TV, just to name a few. It is important that we continue to make room for God and the good things He wants to produce in us all year long.

As our Lenten journey soon concludes, may we consider the ways in which we might continue the practice of self-denial by offering small, daily sacrifices to the Lord.