



APRIL 14, 2024
THIRD SUNDAY OF EASTER

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Augustine Lukenge, Pastor

434-755-1208

Fr. Tom Collins, Retired Priest In-Residence

540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence

434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

Today's Gospel

"Why are you troubled? And why do questions arise in your hearts?"

Luke 24:35-48

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Lukenge	434-755-1208
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540-468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso

St. Joseph –Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Rita Luther, Sally Putnam, Carol Turner, Bob Umstead, Terry Windsor.

Sacred Heart

Pam Austin, Nola Beach, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Paulino Gutierrez, Arthur Headley, Raphael Lopez, Heidi Mulcahy, David Palance, Maria Perron, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Sophia Veras, Karen Wenke, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph

Sunday Offertory	\$1,581.00
St. Joseph University	500.00

Sacred Heart

Sunday Offertory	\$4,475.00
COPE Food Pantry	428.00
CRS Rice Bowl	12.87

Shrine of the Sacred Heart

Sunday Offertory	\$2,286.35
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CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph - Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM followed
by the Rosary.
Friday - 10:45AM Adoration and Benediction; Mass
at 12Noon

THE BREAKING OF THE BREAD

Luke's gospel describes an appearance of the risen Jesus to two disciples who are on their way to Emmaus (EM-mouse). This place is usually identified with the Arab village of Amwas. It is set on a mountain overlooking the Mediterranean. He talks with them, but they do not recognize him. This may be caused by their grief or the spectacular sunset over the Mediterranean.

It is not until he sits down in their home and "breaks bread" that they come to understand who he is. Of course, we immediately see the connection with the Eucharist, but there also may be something more.

There were no utensils at a 1st century Jewish meal, except perhaps a knife. People ate with flat bread similar to today's Syrian or Pita bread. It came in large sheets. The host would tear off a section of the bread and use it to pick up the food. He would then pass the bread to the others at the table. Each would take a section. By the time it reached the last place, there was often little or none left.

Jesus may have had a different way of breaking bread. He did not take his share first, thus making himself last. This set an example of humility for the others. It certainly would have been unusual -- and recognizable.

NOTICES

Cedar Ross and Zion Jack, sons of Ross and Claire Noel, will be baptized today, at 11AM Mass at Sacred Heart. There will be a covered dish luncheon reception in the parish hall following Mass. Please join us in celebrating this joyous occasion.

The Knights of Columbus will be selling tickets after Masses at St. Joseph and Sacred Heart on Sunday, April 21, for a drawing for a single prize of gifts certificates to 6 local restaurants. The total value of the 6 gifts certificates is \$305 and tickets are \$5 each and 3 tickets for \$10.

Sacred Heart - St. Joseph Council Knights of Columbus thank all who are collecting aluminum cans and dropping them off in the orange bin located along the side of the Sacred Heart Rectory garage. Over 900 lbs. or more than 29,000 cans have been recycled. Currently, the recycling rate is about 650 pounds per year. The proceeds from recycling aluminum cans are used to fund Council charitable efforts. Be creative and ask your friends, neighbors, or a business to save aluminum cans for you to drop off at the Rectory garage.

Each year, the Holy Father asks for our prayers for a specific intention each month. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month. You can find more information about the Pope's Worldwide Prayer Network at <https://popesprayerusa.net/>

April

For the role of women

We pray that the dignity and immense value of women be recognized in every culture, and for the end of discrimination that they experience in different parts of the world.

DAILY READINGS

Sun. Apr. 14	Acts 3: 13-15, 17-19; Psalms 4: 2, 4, 7-8, 9; 1 John 2: 1-5a; Luke 24: 32; Luke 24: 35-48
Mon. Apr. 15	Acts 6: 8-15; Psalms 119: 23-24, 26-27, 29-30; Matthew 4: 4b; John 6: 22-29
Tues. Apr. 16	Acts 7: 51-60; Psalms 31: 3cd-4, 6, 7b, 8a, 17, 21ab; John 6: 35ab; John 6: 30-35
Wed. Apr. 17	Acts 8: 1b-8; Psalms 66: 1-3a, 4-5, 6-7a; John 6: 40; John 6: 35-40
Thurs. Apr. 18	Acts 8: 26-40; Psalms 66: 8-9, 16-17, 20; John 6: 51; John 6: 44-51
Fri. Apr. 19	Acts 9: 1-20; Psalms 117: 1, 2; John 6: 56; John 6: 52-59
Sat. Apr. 20	Acts 9: 31-42; Psalms 116: 12-13, 14-15, 16-17; John 6: 63c, 68c; John 6: 60-69
Sun. Apr. 21	Acts 4: 8-12; Psalms 118: 1, 8-9, 21-23, 26, 28, 29; First John 3: 1-2; John 10: 14; John 10: 11-18

VOCATIONS

“Now by this we may be sure that we know Him, if we obey His commandments.” Jesus makes Himself known to you through the vocation He chose for you. Do you hear a call to the priesthood or consecrated life? Call Father Matthew Kiehle (804)359-5661 email: vocations @richmond diocese .org.



GROW CLOSER TO CHRIST

In addition to celebrating all Christ did for us this Easter season, we also are reminded of how His sacrifice impacts our lives. Today's Gospel reminds us that Jesus should be the center of our lives. This passage begins with two disciples realizing Jesus had just appeared to them.

We can learn a valuable lesson from these disciples. To recognize Jesus' appearances in our lives, we need to know Him. And the best way to know the Lord is to spend time with Him. It can start with just 10 minutes of quiet prayer a day and increasing that each week. We might begin by reading Scripture, books on the lives of the Saints, or even a decade of the Rosary. Yet the goal should be to carve out time each day, in a quiet space, for just you and the Lord.

As the disciples mentioned, they recognized it was Jesus in the breaking of the bread. We, too, can better know the Lord through the sacraments, most especially the Holy Mass. The Eucharist is Jesus Himself — Body, Blood Soul, and Divinity. What better way to grow in intimacy with Christ than to receive Him frequently or to go talk to Him in front of the Blessed Sacrament? As we make Jesus the center of our lives through prayer and the sacraments, we will be able to recognize Him in day-to-day moments.

As we are still in the midst of this Easter season, take time to think about what Christ did for us and the changes we should make in our daily lives to help us grow closer to Him.