



SEPTEMBER 15, 2024
TWENTY-FOURTH SUNDAY IN ORDINARY
TIME

**CLUSTERED CATHOLIC PARISHES OF
THE ALLEGHANY HIGHLANDS**

SACRED HEART CHURCH

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426
540-962-6541 sacredheartcovington.org
Mass Schedule: Sunday 11:00 AM

ST. JOSEPH CHURCH

620 Jefferson Ave. Clifton Forge, VA 24422
540-863-5371 stjosephcf.org
Mass Schedule: Sunday 9:00 AM

SHRINE OF THE SACRED HEART

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445
540-839-2603 shrineofthesacredheartparish.org
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

Fr. Ernest Dugah, Administrator
804-914-4977

Fr. Tom Collins, Retired Priest In-Residence
540-588-8492

Fr. Dan Kelly, Retired Priest In-Residence
434-270-6037

Sacrament of Reconciliation:

Confessions are available before each Mass at all churches.

Sacrament of Matrimony:

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

Sacrament of Confirmation:

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

Sacrament of Baptism:

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

MT CARMEL CATHOLIC CEMETERY

Low Moor, Virginia
Contact: Mr. Carl Withrow (540) 968-3267

CHURCH CONTACT INFORMATION

St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso
St. Joseph –Joshua Crawford, Andy Shepard

PRAYER LIST

St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

Diocese of Richmond Seminarian

Mr. Avention Grimes



WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

St. Joseph
Sunday Offertory \$2,312.00

Sacred Heart
Sunday Offertory \$1,500.00
Misc. 2nd Collections 80.00

Shrine of the Sacred Heart
Sunday Offertory \$1,921.75

CALENDAR

WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon
Sacred Heart - Wednesday at 11:30AM followed by
the Rosary. – Friday Benediction and Adoration at
10:45AM followed by Mass at 12NOON.

-First Friday of each month at Sacred Heart beginning
with Mass at 11am followed by 8 hours of Adoration.
Benediction will be at 8PM;

-First Saturday of each month beginning at 9AM with
the Rosary and Litany of Our Lady followed by Mass
at 9:30AM.

SUNDAY ROTATION CHANGE

Fr. Ernest will celebrate Mass at the Shrine of the
Sacred Heart on the first and third weekends of each
month. Fr. Tom will be the celebrant at Sacred Heart
and St. Joseph on those Sundays.

SIMON CHANGED TO PETER

Some people doubt that Jesus had a sense of humor
because there is nowhere in the Gospel that
mentions him laughing. But the Lord does make
jokes. Unfortunately, many of them are puns that do
not translate very well. Today's Gospel is a good
example. Jesus changes one of his apostles' names.
The alteration is applied to Simon, who is given the
name "Cephas" or "Peter". Most people realize that
the name "Peter" means "rock" -- but that's not the
whole story. In Hebrew the name "Simon" means
"little pebble". Jesus makes a pun on this, renaming
the "little pebble" to the "rock".

NOTICES

Knights of Columbus Roanoke Assembly 1167
will have a Patriotic Flag Retirement Ceremony,
during their Sept 23rd Meeting. Bring any worn
flag you may have to Church; Greg Kristoff will
be collecting them through Sunday Sept 22nd.

The Tri-Parish Picnic is this afternoon at the
Malone (#3) picnic shelter at Douthat State Park.
Food will be served around 2pm but you can
arrive anytime from 1PM on. You are welcome
to attend if you did not sign-up.

After many months of proofs, reviews,
corrections and resubmissions, the Tri-Parish
Directory is in final production and books should
be delivered to us soon. Special thanks to Libby
Burger and Paul Cormier who worked diligently
on this project over the past nine months.

SAVE THE DATE: The Alleghany Highlands Fall
Life Chain will be on Sunday, October 6, from
1:30 pm to 2:45 pm at the intersection (light), on
the sidewalk entrance to Wal-Mart Industrial
Park.

Knights of Columbus Knights put their faith into
action ever day to make life better in their
parishes and communities. The Knights of
Columbus offers men the opportunity to grow in
their faith while helping others and supporting
the Church, and to become better Catholic,
husbands, and fathers. The founder of the
Knights of Columbus, Blessed Fr. Michael
McGivney, has been beatified by the Church. All
practicing Catholic men 18 years or older are
invited to join. If you are interested, speak to a
Sacred Heart - St. Joseph Council Knight after
Mass or contact Don Rogowski at 540-962-7344.

DAILY READINGS

Sun. Sept. 15	Isaiah 50: 5-9a; Psalms 116: 1-2, 3-4, 5-6, 8-9; James 2: 14-18; Galatians 6: 14; Mark 8: 27-35
Mon. Sept. 16	1 Corinthians 11: 17-26, 33; Psalms 40: 7-8a, 8b-9, 10, 17; John 3: 16; Luke 7: 1-10
Tues. Sept. 17	1 Corinthians 12: 12-14, 27-31a; Psalms 100: 1b-2, 3, 4, 5; Luke 7: 16; Luke 7: 11-17
Wed. Sept. 18	1 Corinthians 12: 31 – 13: 13; Psalms 33: 2-3, 4-5, 12, 22; John 6: 63c, 68c; Luke 7: 31-35
Thurs. Sept. 19	1 Corinthians 15: 1-11; Psalms 118: 1b-2, 16ab-17, 28; Matthew 11: 28; Luke 7: 36-50
Fri. Sept. 20	1 Corinthians 15: 12-20; Psalms 17: 1bcd, 6-7, 8b, 15; Matthew 11: 25; Luke 8: 1-3
Sat. Sept. 21	Ephesians 4: 1-7, 11-13; Psalms 19: 2-3, 4-5; Matthew 9: 9-13
Sun. Sept. 22	Wisdom 2: 12, 17-20; Psalms 54: 3-4, 5, 6 8; James 3: 16 – 4: 3; 2 Thessalonians 2: 14 ; Mark 9: 30-37

VOCATIONS

“Who do you say that I am?” The One who calls is the Messiah, the Son of the living God. Are you called to follow Him as a priest, deacon, brother or sister? Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



PICK UP YOUR CROSS

Jesus addresses His disciples saying, “Whoever wishes to come after me must deny himself, take up his cross, and follow me.” We are Jesus’ disciples, and He is speaking those same words to us here and now.

Living a life of discipleship is not always easy. It requires us to be imitators of Christ — who suffered, died, and rose from the dead out of total love for each one of us. This means we are called to share in Christ’s sufferings by taking up our cross and following Him daily. But what does this look like in our day-to-day lives? We can start by making a firm resolution to follow Christ today, here and now, and renewing that resolution each day when we rise. This requires time with Him each day — speaking and listening.

We should also strive to pick up our crosses each day with Christ by our side. Our cross might be suffering from an illness, fighting an addiction, a day of screaming kids, or a period where things just don’t seem to go our way. Instead of avoiding these sufferings or complaining about them, we are called to carry them with Christ, allowing Him to transform us through them.

If we live life constantly focused on us, we will ultimately lose ourselves, but if we surrender our lives for Christ and His mission, we will gain eternal life and become more alive than we could have ever imagined, “For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it.” This takes daily commitment and requires endurance in our faith, which can only be done through active discipleship.