

SEPTEMBER 29, 2024  
TWENTY-SIXTH SUNDAY IN ORDINARY  
TIME

**CLUSTERED CATHOLIC PARISHES OF  
THE ALLEGHANY HIGHLANDS**

**SACRED HEART CHURCH**

255 W. Main St (office - 214 W. Locust St.) Covington, VA 24426  
540-962-6541 [sacredheartcovington.org](http://sacredheartcovington.org)  
Mass Schedule: Sunday 11:00 AM

**ST. JOSEPH CHURCH**

620 Jefferson Ave. Clifton Forge, VA 24422  
540-863-5371 [stjosephcf.org](http://stjosephcf.org)  
Mass Schedule: Sunday 9:00 AM

**SHRINE OF THE SACRED HEART**

1499 Shady Ln. (P.O. Box 38) Hot Springs, VA 24445  
540-839-2603 [shrineofthesacredheartparish.org](http://shrineofthesacredheartparish.org)  
Mass Schedule: Saturday 5:00 PM; Sunday 9:00 AM

**Fr. Ernest Dugah, Administrator**  
804-914-4977

**Fr. Tom Collins, Retired Priest In-Residence**  
540-588-8492

**Fr. Dan Kelly, Retired Priest In-Residence**  
434-270-6037

**Sacrament of Reconciliation:**

Confessions are available before each Mass at all churches.

**Sacrament of Matrimony:**

In order for a Catholic to enter a sacramentally valid marriage, he/she must respect and follow the Church's discipline regarding this sacrament. Call the parish office for specific information. Normally, about six months should be allowed to prepare for this sacred covenant. Parish registration is necessary.

**Sacrament of Confirmation:**

Students are required to be registered in the parish & be participating in the parish Rel. Ed. Program. Confirmation classes are separate and obligatory.

**Sacrament of Baptism:**

Parents are required to attend one Baptism preparation class (seminar). Baptism is celebrated within the weekend Mass. Call the parish offices for a seminar date.

**MT CARMEL CATHOLIC CEMETERY**

Low Moor, Virginia  
Contact: Mr. Carl Withrow (540) 968-3267

## CHURCH CONTACT INFORMATION

### St. Joseph Parish 540-863-5371

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Paul Cormier	540-968-6410
Vice Chair	Libby Burger	540-691-6618
Secretary	Mary Asma	540-965-5551
Worship	Paul Cormier	540-968-6410
Community Life	Kathy Smestad	540-862-5333
Justice & Peace	Mary Asma	540-965-5551
Grds & Maint.	Jimmy Withrow	540-494-3987

### Sacred Heart Parish 540-962-6541

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Laurie O'Doherty	703-282-9203
Vice Chair	Leo Mulcahy	540-862-3021
Secretary	DeDe Rogowski	540-962-7344
Worship	Tom O'Doherty	540-962-6795
Community Life	Alvina Nida	540-747-2211
Justice & Peace	John Stec	540-862-1917
Grds & Maint.	Ron Brunetti	540-962-1565
Religious Educ.	Dianne Garcia	540-691-4896
K of C Contact	Don Rogowski	540-962-7344

### Shrine of the Sacred Heart Parish 540-839-2603

Office Hours: Call for appointment

In Emergency	Fr. Dugah	804-914-4977
Council Chair	Herb Godschalk	540-255-3690
Vice Chair	Beth Eley	646-842-1555
Secretary	Sue Godschalk	540-255-2499
Worship	Eileen Judah	540-968-6409
Community Life	Deborah Lambert	540- 468-3438
Justice & Peace	Tom Misiak	540-997-1478
Grds & Maint.	Louis Pokrywka	540-925-2413
Organist	Dr. Leszek Fiutowski	304-456-5473



PLEASE PRAY FOR OUR  
MILITARY MEN & WOMEN:

Sacred Heart – Arthur Headley, Jessie (Jesus) Morals, Joel Moscoso  
St. Joseph –Joshua Crawford, Andy Shepard

## PRAYER LIST

### St. Joseph

Mark Asma, Clair Dilley, Tom Greenwood, Ed and Sandra Haverlack, Rita Luther, Sally Putnam, Carol Turner, Terry Windsor.

### Sacred Heart

Pam Austin, Debbie Brokaw, Josephine Brown, Mack Brown, Wanda Callaham, Robert Childs, Esther Ewing, Jay Ewing, Tony Forbes, Roberta Frampton, Mitchell Garcia, Erin Gutierrez, Paulino Gutierrez, April Headley, Arthur Headley, Raphael Lopez, Sandra Minter, Heidi Mulcahy, David Palance, Paul Perron, Shaun Perron, Pam Poole, Michael Rybka, Cathy Savage, Maureen Stec, Bill Withrow, Becky Woodson

### Shrine of the Sacred Heart

Margo Oxendine, Molly Sasser, John W. Smith, Clarissa Westenburger

### Diocese of Richmond Seminarian

Mr. Avention Grimes



## WEEKLY DONATIONS BUDGETED NEEDS: \$1400.00

### St. Joseph

Sunday Offertory	\$866.00
Votive	27.00

### Sacred Heart

Sunday Offertory	\$1,011.00
Retired Religious Fund/COPE	355.00
Votive	4.45

### Shrine of the Sacred Heart

Sunday Offertory	\$1,147.63
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## CALENDAR

### WEEKDAY MASS SCHEDULE

St. Joseph – Tuesday and Thursday at 12Noon  
Sacred Heart - Wednesday at 11:30AM followed by the Rosary.

-First Friday is October 4th at Sacred Heart beginning with Mass at 11am followed by 8 hours of Adoration. Benediction will be at 8PM; There is a sign-up sheet for Adoration as you enter the church.

-First Saturday is October 5<sup>th</sup> beginning at 9AM with the Rosary and Litany of Our Lady followed by Mass at 9:30AM.

## NOTICES

Knights of Columbus Knights put their faith into action ever day to make life better in their parishes and communities. The Knights of Columbus offers men the opportunity to grow in their faith while helping others and supporting the Church, and to become better Catholics, husbands, and fathers. All practicing Catholic men 18 years or older are invited to join. If you are interested, speak to a Sacred Heart - St. Joseph Council Knight after Mass or contact Don Rogowski at 540-962-7344.

The first Saturday Mass at Sacred Heart on October 5th will be a Knights of Columbus quarterly Mass. All Mass attendees are invited to a free breakfast of biscuits, scrambled eggs, sausage, coffee, milk, and orange juice in the Parish Hall following Mass.

This fall, voters will select candidates for the office of President, U.S. Senator, U.S. Representative and – in some areas – “down-ballot” offices. At the Virginia Catholic Conference Election Resource Hub you’ll find information on registering to vote, faithfully preparing to vote, and more!  
<https://vacatholic.org/election2024/>

## Life Chain - Fall 2024

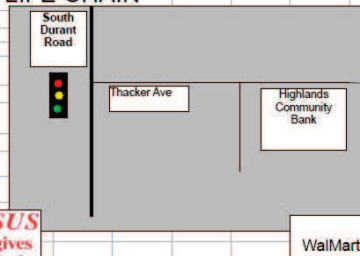
Yet another way to save Moms and their babies from ABORTION

### ALLEGHANY HIGHLANDS LIFE CHAIN

Sunday - October 6, 2024

1:30 pm to 2:45 pm

At intersection [light], on sidewalk  
- entrance to WalMart  
Industrial Park



ABORTION  
KILLS  
CHILDREN

JESUS  
Forgives  
& Heals

WalMart

Pray silently while holding a sign explaining a truth about abortion.

Over 700 Allegheny County/Covington/CF babies were surgically aborted in the last 25 years

- An inconvenient fact: IVF procedures often include the fertilization of multiple/many ovum, resulting in multiple tiny human beings (embryos), all brothers and sisters of each other. Ones not implanted in the mother's womb will be "destroyed", frozen, or sent off for "research".....something to strongly ponder.

- Devices, 'the pill', & chemicals that prevent implantation may allow fertilization, thus destroying a new human life at least some percentage of the time....something to strongly ponder.

PRAY TO  
END  
ABORTION

Rain date is: Sunday, October 13, 2024

Life  
the first  
INALIENABLE  
RIGHT

Please arrive at 1:15 pm, pick up your sign & take your place on the sidewalk in the LIFE CHAIN.

Park at the Highlands Community Bank

Not a sponsor, but permission has been granted to park there.

The necessary permit was obtained through Covington City Hall. A code of conduct is printed on the back of many of the Life Chain signs, along with helpful prayers.

For more information about the Life Chain, please call 862-1917 or 962-1565.

Please bring a folding chair if you would prefer to sit than stand.

## SAVE THE DATES

Sacred Heart will have a Fall potluck on Sunday, October 13th. Bring a dish of your choice and join in good food and fellowship.

All ladies of Sacred Heart are invited to a Baby Shower for Lauren Clarke following Mass on October 27th in the parish hall. More information to come.

## DAILY READINGS

Sun. Sept. 29	Numbers 11: 25-29. Psalms 19: 8, 10, 12-13, 14; James 5: 1-6; John 17: 17b, 17a; Mark 9: 38-43, 45, 47-48
Mon. Sept. 30	Job 1: 6-22; Psalms 17: 1bcd, 2-3, 6-7; Mark 10: 45; Luke 9: 46-50
Tues. Oct. 1	Job 3: 1-3, 11-17, 20-23; Psalms 88: 2-3, 4-5, 6, 7-8; Mark 10: 45; Luke 9: 51-56
Wed. Oct. 2	Job 9: 1-12, 14-16; Psalms 88: 10bc-11, 12-13, 14-15; Psalms 103: 21; Matthew 18: 1-5, 10
Thurs. Oct. 3	Job 19: 21-27; Psalms 27: 7-8a, 8b-9abc, 13-14; Mark 1: 15; Luke 10: 1-12
Fri. Oct. 4	Job 38: 1, 12-21; 40: 3-5; Psalms 139: 1-3, 7-8, 9-10, 13-14ab; Psalms 95: 8; Luke 10: 13-16
Sat. Oct. 5	Job 42: 1-3, 5-6, 12-17; Psalms 119: 66, 71, 75, 91, 125, 130; Matthew 11: 25; Luke 10: 17-24
Sun. Oct. 6	Genesis 2: 18-24; Psalms 128: 1-2, 3, 4-5, 6; Hebrews 2: 9-11; 1 John 4: 12; Mark 10: 2-16

## VOCATIONS

“Would that all the Lord's people were prophets ...” All Catholics share the prophetic ministry of the Lord through baptism. Is He calling you to bear witness to Him in the consecrated life? Contact Father Matthew Kiehle (804)359-5661 email: vocations@richmond diocese .org.



## REJOICE IN THE TALENTS OF OTHERS

In our readings this week, Eldad, Medad, and the man driving out demons were all doing the work of God. They had been entrusted with a gift and used it to glorify the Lord. Joshua and John should have responded in joy and appreciation for another's gifts and talents.

We oftentimes look at another's strengths as our weakness whether it be in parish life, in the workforce, or even in our own families.

Jesus is calling us to cut out those sinful thoughts and attitudes from our lives. The next time we witness someone being a good steward of God's gifts — rejoice! And continue to examine how you are using your gifts and talents to ensure you are being a good steward of what God has entrusted to you.

We do not want to end up like the rich in our Second Reading from St. James. They stored up their riches to the point where they withheld wages from their workers! They clenched tightly to the pleasures and luxuries that the world offers and put it in front of both God and their neighbor. They misused the gifts God bestowed on them. We must keep this in perspective as we journey on our path as Christian stewards.

We do not live for this life, but for the next. He has given us time every day, countless talents, and numerous treasures. Are we using them for His glory?

This week when we witness other people in our lives using the gifts God has given to them, instead of becoming jealous or critical, say a prayer of thanksgiving and take time to reflect on what God has gifted you and how you can offer it to Him for His glory.